

Seize the Moments - Vol 1 Day 8 My Heart - His Holy of Holies

Most theologians and teachings about our body being the temple of the Holy ghost refer to the physical body. There's a lot of commentary about not abusing our bodies because it is the temple of the Holy Ghost. But the correct understanding of this truth is not about our bodies, the fleshly shell in which we operate. It is not about our body being a temple, similar to the bricks, stone and mortar of a building, but rather it is a direct reference to our spiritual being. Our inner man is *our* Holy of Holies and by virtue of that fact, the temple of the Holy Spirit. When the Spirit of God wants to minister, he needs a place on earth to be housed. Our physical body is only a vehicle, it is our spirit, combined with His in our own Holy of Holies that effectively delivers the love of God to others.

When we gather to have prayer meeting or even when we pray in private, oftentimes we are consciously thinking our prayers and determining what we need to pray for those around us who have requested prayer or those that we believe need prayer. But the effectual, fervent prayer of a righteous man is that which is uttered by the Spirit of God within us. These are prayers that we don't even think about; prayers that are not our words. It is the prayers that are only, ever and always the words of the Holy Spirit uttered by our lips as we give him full access to the Holy of Holies, that are the effective ones. The ultimate in prayer is His praying for others through us.

-- JB ref. Romans 8:26;