

Volume 1, Day 21: Relaxing into Reality

What this journey feels like is that you awaken to a **new reality**. Unfortunately, most of the things in the world make us feel like we have to achieve. There is something to work at. I've got to find my way into some reality or make my own. As we've often said it in our Christian traditions, "I've got to pray through or press in or be more committed or more devoted." But this journey doesn't work that way.

This is a **reality you relax into**. I know that may be strange language, but it's strange because God's love for you is already assured. He does love you. Whether you know it or not, see it or not, believe it or not, doesn't change the fact that He loves you. So what He's inviting you into is how to relax into the reality of that love.

Let me tell you how it's happened for a young woman from Eastern Europe. She wrote, "Hi, Wayne. It's working. I've been listening to your podcast for 15 months, looking for a relationship with God and trying hard to make it happen without realizing it. I was listening to you like another Pastor. But your teaching was not like any of the others.

Your teaching has changed my understanding. It's a change not by intellect, but by revelation. I get to follow the man, Christ Jesus, my friend and older brother. You've been a big help in pointing me to Him all the time. I get it now. I guess I was just ready. I'm starting on this journey with Jesus. I didn't get answers to my many questions, but I don't need them anymore."

"It's very simple. I live by what He reveals of Himself every day. And it's enough, even if what he gives so far is just peace. God loves me and it's okay between me and Him and I finally can just relax. He's here to help!