

## **Volume 1 -- Day 5: Freedom from Guilt and Shame**

If you are a *Christian who lives in constant guilt and shame, you can surrender even those feelings to the God of the Cross.* After all, Jesus died, not only for the crimes themselves, but also for the guilt and shame associated with them. And in God's eyes, Jesus suffered enough of our shame that we did not have to suffer either guilt or shame again. When we succumb to the temptation of Satan to wallow in either our guilt or shame, he silences us and robs us of the very love, joy and peace God offered to us through this most kind of all acts on our behalf.

You can be free from both guilt and shame. You can know what it means to "live fully loved" by God and "enjoy His favor always." Let the Holy Spirit reveal the misrepresentations and misinterpretations of key passages of scripture which have come between you and a joyous laughter, not only at yourself, but also those around you. God is the author of love, joy, peace and all other positive emotions and has created a way for every man, woman, and child to experience them in abundance. When you see God's forgiveness and grace in each Bible story, instead of His wrath, you will find His unconditional love toward you.

There is FREEDOM just around the corner, unless you will not allow yourself to "rethink" truth. You do not need to leave your community of faith. You can experience a much more joyful and peaceful life than before and a much closer relationship to God than nearly everyone around you. Look for the love of God in every verse.

My Confirming Scriptures:

My Aligning Experiences:

DEEPER Every Day -- John Henry Alan