

Volume 2 – Day 13: My Heart IS His Holy of Holies

Most theological teachings about our body being “the temple of the Holy Ghost,” focus on physicality. There is much commentary about not abusing our bodies because it is the temple of the Holy Ghost. The correct understanding of this truth is not about our bodies, the fleshly shell, in which we operate. Rather, it is a reference to our spiritual being, our spirit.

In that sense, “the temple of the Holy Ghost,” is a place of worship for God. Our body (flesh and blood) is inconsequential to Him. It is our own personal Holy of Holies where God chooses to dwell. “It’s who you are and the way you live that count before God. Your worship must engage your spirit in the pursuit of truth. That’s the kind of people the Father is out looking for: those who are simply and honestly themselves before Him in their worship. God is sheer being itself—Spirit. Those who worship him must do it out of their very being, their spirits, their true selves, in adoration.” — John 4:23-24 MSG God wants us to worship Him in spirit. The source of our worship of God is the Holy of Holies within us.

When we gather to have a prayer meeting, or even when we pray in private, we consciously form our prayers. We determine what we need to pray for those around us who have requested prayer or those that we believe need prayer. But “the effectual fervent prayer of a righteous man” is only that prayer which is uttered by the Holy Ghost from within us. The Holy Spirit always knows the purposes of God and will utter prayers to fulfill them. Let Him pray using your lips. The more you do this, the deeper your relationship with God will become.

My Confirming Scripture: My Aligning Experiences: