

Volume 3 - Day 1: How You Do Everything

It is likely that as you read the articles in this daily devotional book that you are judging both the content and the author. And if this is true for you, it is also very likely that you do this with everything else you read. It is quite simply the nature of human nature. How you do anything is how you do everything.

How you judge me is how you judge others. How you judge me is how you judge your parents, children, significant others and all others. How you do it is how you do it. There is no escape. And there is no need for escape. Unless, of course, you are not satisfied with how your judgmental nature makes you or others feel.

The good news is this. How you do anything and everything is determined by choice. It is your choices about each encounter you have with any other human beings. And since you chose the manner in which you operate now, you can change your choices as to how you will operate in the future.

Judgment comes in two varieties. One is criticism. The other is discernment. While I am obsessed with criticism, I am essentially rejecting the other person or their point of view. When I am discerning I leave myself open to the possibilities that I might learn something new and valuable from them.

Wisdom would dictate that the latter form of judgment will give me the best possible outcomes in every encounter in life. Therefore, if I would be my best self, it behooves me to change my choices to be discerning rather than critical. The more I can accept anyone else, the more I myself will be accepted. And acceptance is the key to life, love and the pursuit of happiness.

My Confirming Scripture: My Aligning Experiences:.