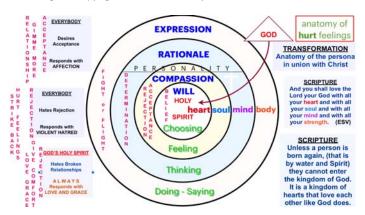
Volume 5 – Anatomy of hurt feelings

Do you have your daily devotions as hurriedly as the rest of your daily duties? Why not do it slow, relaxed and deep? Think about it!

Being unaware of our own personal inability to love our enemies, it behooves us to tap into the Spirit of God (Holy Spirit) to **love others in ways we can never achieve** without His love and power posited within us. One purpose of the Holy Spirit being in us is that He loves like Jesus loves. Without the 'second' birth (Spirit of God birth) the best we can hope for is not to do anything criminal toward those who hurt us on purpose. The natural of humans is that we can easily love those who love us. It is just as natural to resent those who resent us. But when God's Holy Spirit indwells us He can, and does, show love and respect to even our enemies. And this is quite natural for God. He loves every person into whom He has breathed life. Many of us also tend to feel this, "Love me. Love my children."

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