

### Volume 3, Day 18: Trusting God is Ultimate Freedom

I hope to help those of you who are from religious backgrounds mostly about standards and expectations and rules to follow. You likely were feeling guilty if you didn't keep the rules. You may have been wondering what you should do or shouldn't do. Maybe you even missed the simplicity of listening to God to let Him lead you on. Instead, you tried to meet God's expectations or those put on you by others.

In Galatians chapter five Paul describes those who were giving up their freedom in Christ, that is, simply believing what the Holy Spirit was showing them, and instead trying to fit back into the rules and laws of the past. He wrote to them said, "Don't let go of your freedom. Don't give it up for anything. Don't take on any yoke of slavery or burden. The only thing that counts is faith that expresses itself through love.

If that's the only thing that counts, then that gets to wipe out everything else such as expectations, laws or principles. Instead of following those things, what he's encouraging us to realize this. Something happens in the human heart when faith begins to take hold in us, where we **fully trust** His love for us. Then we'll find ourselves loving other people around us more freely. We'll find that love will affect in us all the change that God wants to do. In fact, Paul says at the end of Galatians five, "Love fulfills the whole law. If you get the loving right, then everything God wants to come out of your life will come out. The whole of the Christian life is 'Christ in you' doing His own work and will. Trusting self in any way is not helpful. Trusting God completely and His Holy Spirit is all.