

### **Volume 3, Day 8: Living This Moment Is Enough**

It's not about Bible study. It's God making His word real in the present moment. It is God making the words of scripture real right inside your own life and heart. The curriculum really isn't about something I need to learn outside myself, but learning to listen to God and letting Him make Himself known right where I am today.

Maybe that's the hard part, sitting in our chair, going for a walk, trying to get our thoughts away from all our regrets of the past, trying to get God to change our future and presenting ourselves to Him and just saying, "God, what do you want to do in me today? God, what do you want to say to me? God, what next step do you want me to take?" This life is lived one step at a time, one day at a time. And if we forget that we'll spend most of our time either regretting our past failures or worrying about what might happen in the future.

When my wife's parents were living with us for a time and they were both terminally ill and going through great stress in their life. Sarah and I both came back to living one day at a time. We couldn't imagine how we were going to do this for another four months, six months, year or two. Every time we'd think out into the future, we'd be exhausted by our own fears and worries. God kept inviting us back into the moment like the manna He gave Israel every day. Don't store it up. I'm going to be there tomorrow to give you the same thing. Do you have enough today? God asked us that question a thousand times in our anxieties and worries, do you have enough today? And we'd say, yeah, we do have enough today. We have enough grace. We have enough resources to live inside this moment and that's all we need.

ENGAGING God -- Alan - Jacobsen