

Volume 1 – Day 10: Every Belief Is a Matter of Choice

Most of us fail to realize that the majority of what we believe has been fed to us by others. However, we also fail to consider why we have accepted what was spoon fed to us from our infancy and continuing until this very day. We have believed some things in order not to disappoint some person whom we love or respect. Other things have been adopted into our belief system out of a sense that there is safety in numbers. Still other beliefs have arisen from the lack of due diligence regarding particular issues. And our beliefs have become concrete in our souls by way of repetition or natural curing over time. The good news is that since we get to choose what we believe, we can change it at will for any reason. Here's how we derive every belief we hold.



Instead of letting your culture (that which was given to you by your family, friends and other people) and desire (that which satisfies the way you want to live) determine your truth, let God's truth (truth about yourself, others and God) change your desires such that your culture will be transformed by your expressions of love and acceptance of others!

My Confirming Scriptures:

My Aligning Experiences:

DEEPER Every Day -- John Henry Alan