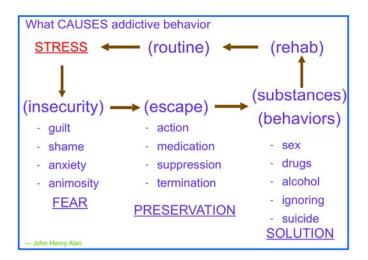
## Volume 4, Day 22: Anatomy & Physiology of Addiction 1 of 5: CAUSE

Addiction is a world-wide web of epidemic proportions. It affects more lives than any physical plague or virus ever has. There are **rehab**ilitation centers everywhere. Yet this blight on humanity prevails. There will never be a vaccine or cure invented by mankind. But, wait on it! Wait on it! ... Addiction is far more widespread that most have formerly believed. It affects many who do not even recognize it.

The progression of the addiction cycle begins with <u>STRESS</u> of any sort which hurts our emotions. The inherent problem with rehab, is that once completed and the participant is thrown back into the pond, when the stress returns, so does the addictive expression. Even the 'poster child' rehab graduate would be likely to relapse were it not for the shielding of the recovered person from the stress of normal life when they are absorbed into a **stress free** position within the rehabilitation program center.



DEEPER Every Day -- John Henry Alan