

What of this **second path**? In "beholding the Lord," you come to the Lord in a totally different way. Perhaps at this point, I need to share with you the greatest difficulty you will have in waiting upon the Lord. It has to do with your mind. The mind has a very strong tendency to stray away from the Lord. Therefore, as you come before your Lord to sit in His presence, beholding Him, make use of the Scripture to quiet your mind. The way to do this is really quite simple.

First, read a passage of Scripture. Once you sense the Lord's presence, the content of what you have read is no longer important. The Scripture has served its purpose. It has quieted your mind; it has brought you to Him. So that you can see this more clearly, let me describe the way in which you come to the Lord by the simple act of beholding Him and waiting upon Him.

You begin by setting aside a time to be with the Lord. When you do come to Him, come quietly. Turn your heart to the presence of God. How is this done? This, too, is quite simple. You turn to Him by faith. By faith you believe you have come into the presence of God. Next, while you are before the Lord, begin to read some portion of Scripture. As you read, pause. The pause should be quite gentle. You have paused so that you may set your mind on the Spirit. You have set your mind inwardly on Christ.

(Remember that you are not doing this to gain some understanding; rather, you are reading in order to turn your mind from outward things to the deep parts of your being. You are not there to learn or to read, but you are there to experience the presence of your Lord.)